

July11,2009		ADFPF Nationals															
Name	Age	Div	WtCls (Kg)	Squat 1	Squat 2	Squat 3	Bench 1	Bench 2	Bench 3	Deadlif t 1	Deadlif t 2	Deadlif t 3	PL Total	Coeff Score	Age & Coeff	Team	Events
Shellaine Frazier	38	F-O	47.5	-50	50	55!	-45	45!	-50	75	80	85!	185!	196.49		MID-MO	PL
Rachel Reem	28	F-O	53	50	57.5	65!	37.5	42.5!	-45	60	65	75!	182.5!	180.16			PL
Kathleen Barclay		F-JU	55.5	67.5	72.5	77.5*	45	50*	-52.5	67.5	-75	75*	202.5*	191.32			PL
Matthew Stagg	17	M-T2	60	102.5	107.5	110	65	72.5	-75	145	155!*	-160	337.5!*	274.32	296.27	Pit	PL
Gary Morrison	64	M-M5	60	85	90*	-95	82.5	85*	-87.5	130	142.5*	-147.5	317.5*	259.40	376.13		PL
Steve Smith	75	M-M8	60	55	60	62.5*	72.5	75	77.5*	110	115	120*	260*	216.58	397.42		PL
Michael Stagg	40	M-M1	67.5	157.5	165!*	-170	120	-125	-125	205	215!*	-222.5	500!*	362.90	362.90	Pit	PL
Tom LaFontaine	62	M-M5	67.5	107.5*	-110	-110	72.5	75	-77.5	140	-142.5	-142.5	322.5	239.23	333.25	MID-MO	PL
Susan Sanaghan	55	F-M4	70	82.5	92.5*	-100	40	50*	-60	125*	-130	-130	267.5*	212.90	260.81		PL
Kate Walker	60	F-M5	70	65	70	72.5*	-42.5	42.5*	-47.5	100	105*	-107.5	220*	167.62	224.61	MID-MO	PL
Marchland Fleming	38	M-EO	75	-242.5	247.5!	-272.5	145!	-155	-155	235	250!	-267.5	642.5!	427.84			PL
Rickey Crain	20	M-EJU	75	200	215*	-227.5	110	122.5*	-127.5	195	-205	205*	542.5*	363.15	374.04		PL
David Goodloe	64	M-M5	75	25			75	-82.5	-82.5	142.5	152.5	-155	252.5	170.69	247.50	Pit	PL
Eric Pohl	29	M-O	82.5	187.5	192.5!	-197.5	-115	120		187.5	-192.5	-192.5	500.0	313.10		Pit	PL
Ben Merideth	22	M-JU	82.5	137.5	152.5*	-160	100*	-107.5	-107.5	205	217.5*	-230	470*	295.63	298.59	UM	PL
Jim Waters	67	M-M6	82.5	100	110	115	65	80	85*	140	180	-185	380*	236.32	364.64		PL
Jagath Gunasekera	25	M-O	90	165	182.5	190	110	120	-122.5	190	207.5	212.5	522.5	314.65		UM	PL
Jamar Wright	21	M-JU	90	142.5	-162.5	-162.5	102.5	-117.5	117.5	227.5	-250	-250	487.5	303.42	309.49	UM	PL
Jim Stovall	65	M-M6	90	150	165	172.5*	92.5	100*	-105	182.5	192.5*	-205	465*	274.02	405.56		PL
Davie Arnold	26	M-O	90	-72.5	72.5	82.5	-62.5	-72.5	-77.5	115	132.5	-145				UM	PL
Eli Burks	22	M-JU/O	100	207.5	225	232.5*	150	157.5*	-162.5	265	285	297.5!*	687.5!*	399.30	403.29	UM	PL
Matt Munson	27	M-O	100	-230	230	-232.5	-187.5	187.5!	-192.5	245	252.5	257.5	675.0	377.60			PL

Chief Referee

Side Referee

Side Referee

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	Mike Stagg																
	Jim Waters																
Teams	1st Place: University of Missouri																
	2nd Place: Pit Barbell Club																
	3rd Place: Mid Missouri Masters																

Chief Referee

Side Referee

Side Referee

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