

THERAPEUTIC USE EXEMPTIONS (TUE)

The purpose of the International Standard for TUE is to ensure that the process of granting TUEs is harmonized across sports and countries.

What is a Therapeutic Use Exemption (TUE)?

Athletes, like all others, may have illnesses or conditions that require them to take particular medications. If the medication an athlete is required to take to treat an illness or condition happens to fall under the Prohibited List, a Therapeutic Use Exemption may give that athlete the authorization to take the needed medicine.

What are the criteria for granting a TUE?

The criteria are:

- (a) The athlete would experience significant health problems without taking the prohibited substance or method,
- (b) The therapeutic use of the substance would not produce significant enhancement of performance, and
- (c) There is no reasonable therapeutic alternative to the use of the otherwise prohibited substance or method.

Who grants TUEs?

Under the World Anti-Doping Code, WADA has issued an International Standard for the granting of TUEs. The standard states that all International Federations (IFs) and National Anti-Doping Organizations (NADOs) must have a process in place whereby athletes with documented medical conditions can request a TUE, and have such request appropriately dealt with by a panel of independent physicians called a Therapeutic Use Exemption Committee (TUEC). IFs and NADOs, through their TUECs, are then responsible for granting or declining such applications. The ADFPF via the WDFPF has set up a Drug Control Committee (DCC) consisting of qualified medical personnel to deal with all TUE applications.

Where should I submit my TUE Application?

All ADFPF members must initially submit their TUE Application to the A.D.F.P.F. NATIONAL OFFICE (27 ELMO DRIVE; MACOMB, IL; 61455), who will then forward it to the WDFPF Drug Control Committee

What is WADA's role regarding TUEs?

WADA's role in the TUE process is two-pronged. First, the Agency, through its TUEC, has the right to monitor and review any TUE granted by a federation or anti-doping organization and, pursuant to such review, to reverse any decision. Second, an athlete who submits a TUE Application to a federation or anti-doping organization and is denied a TUE, can appeal the decision to the WADA TUEC. If WADA determines that the denial of the TUE did not comply with the International Standard, the Agency can reverse the decision.

What is the difference between an Abbreviated TUE and a Standard TUE?

Abbreviated TUE	Standard TUE
Only for glucocorticosteroids by non-systemic routes (local routes of administration other than dermatological applications which are not prohibited and do not require any TUE) and for beta-2 agonists (formoterol, salbutamol, salmeterol and terbutaline) by inhalation.	For any treatment involving a substance or method on the Prohibited List that is not admissible for an abbreviated TUE.
Using the Abbreviated TUE Form.	Using the Standard TUE Form
A notification is sent to the athlete by the relevant organization upon receipt of a duly completed request. <u>Note:</u> A review by the TUEC may be initiated at any time during the duration of the TUE.	Will be reviewed by a TUEC.
Athlete can begin treatment as soon as the form has been received by the relevant organization.	If approved, athlete can begin treatment only after receiving the authorization notice from the relevant organization (except in rare cases of an acute life threatening condition for which a retroactive approval may be considered).

How can I apply for a TUE?

- ∅ ADFPF Members can send their completed TUE forms to the A.D.F.P.F. NATIONAL OFFICE. They will be forward it to the W.D.F.P.F. Drug Control Committee.
- ∅ The athlete must have their physician fill out the TUE Application form and produce the required supporting documentation
- ∅ Athletes should remember that according to the International Standards, the TUE Application should be submitted at least 90 days before participating in an event.

Tips on applying for a TUE

- ü Choose the correct form (standard or abbreviated – whichever applies).
- ü Fill in the form by typing if possible, or in block capital letters. If the form is not legible, the form is deemed incomplete and will be returned to the athlete.
- ü When sending the form to the ADFPF NATIONAL OFFICE, ensure that you include all the required documentation and keep a copy of the request as well
- ü

What happens if I am granted a TUE?

TUEs are granted for a specific medication with a defined dosage. They are also granted for a specific period of time and do expire. The athlete needs to comply with all the treatment conditions outlined in the TUE Application. The athlete is responsible for

ensuring he/she applies for a renewal of the TUE where appropriate before the existing TUE expires.

What should I do if I am drug-tested while using a prohibited substance under a granted TUE?

When filling out the doping control form, make sure that you declare the substance or medication being used and that you specify that a TUE has been granted. Athletes are advised to always bring a copy of the approved TUE application to championships to give to the drug tester. Athletes who do not have a copy of their approved TUE with them when tested are required to submit their approved TUE to their national office as soon as possible after the test thereby reaching the office before the results of the drug test are available.

What will happen if the prohibited substance is detected during the analysis?

When the National/International Drug Control Committee receives the report from the laboratory, an initial review will take place to verify that the TUE is still in effect and that the results of the analysis are consistent with the TUE granted (**nature of substance, route of administration, dose, time frame of administration**, etc.). If the review proves satisfactory, the result of your test will be recorded as **negative**.

What can I do if my TUE is denied by my granting authority?

If your granting authority denies your TUE Application, you may ask WADA to review the decision at your own expense, by providing all information given during the first submission (complete file) as well as the initial decision returned (using the following fax number: +1 514 904 4456). In doing so, you may be requested to submit additional medical information to WADA's TUEC. The review procedure does not suspend the first decision. Therefore you are not allowed to use the substance while waiting for the decision from WADA. If WADA overturns your granting authority's original position and grants the TUE, your granting authority still has the possibility of appealing to CAS for a final decision.

Will the information on my TUE Application remain confidential?

Athletes concerned about confidentiality should note that all the information contained in their TUE Application will be kept strictly confidential as medical data. All members of the TUECs are required to sign confidentiality agreements and if they require advice from other scientific experts on a particular case, the name of the athlete will not be used when circulating the application outside the TUEC.

Where can I find out more about therapeutic use exemptions?

The procedures for applying for and granting a TUE are outlined in the International Standard for Therapeutic Use Exemptions, published by WADA.