

AMERICAN DRUG-FREE POWERLIFTING FEDERATION

ADFPF NATIONAL Records

MEN'S EQUIPPED Division POWERLIFTING Records (UPDATED 6-21-08)

Men's 52.0 Kilo Weight Class NATIONAL POWERLIFTING Records, EQUIPPED Division:

Division	SQUAT		Record In Kilos	BENCH PRESS		Record In Kilos	DEADLIFT		Record In Kilos	TOTAL		Record In Kilos
	Name	Meet Date		Name	Meet Date		Name	Meet Date		Name	Meet Date	
Open												
T 1 (14-15)												
T 2 (16-17)												
T 3 (18-19)												

Men's 56.0 Kilo Weight Class NATIONAL POWERLIFTING Records, EQUIPPED Division:

Division	SQUAT		Record In Kilos	BENCH PRESS		Record In Kilos	DEADLIFT		Record In Kilos	TOTAL		Record In Kilos
	Name	Meet Date		Name	Meet Date		Name	Meet Date		Name	Meet Date	
Open												
T 1 (14-15)												
T 2 (16-17)												
T 3 (18-19)												

Men's 60.0 Kilo Weight Class NATIONAL POWERLIFTING Records, EQUIPPED Division:

Division	SQUAT		Record In Kilos	BENCH PRESS		Record In Kilos	DEADLIFT		Record In Kilos	TOTAL		Record In Kilos
	Name	Meet Date		Name	Meet Date		Name	Meet Date		Name	Meet Date	
Open	Gary Morrison	8-11-07 Grand Rapids, Michigan	132.5	Gary Morrison	8-11-07 Grand Rapids, Michigan	85.0	Gary Morrison	8-11-07 Grand Rapids, Michigan	147.5	Gary Morrison	8-11-07 Grand Rapids, Michigan	365.0
T 1 (14-15)	Mason L. Harbour	6-21-08 DeGraff, Ohio	112.5	Mason L. Harbour	6-21-08 DeGraff, Ohio	60.0	Mason L. Harbour	6-21-08 DeGraff, Ohio	155.0	Mason L. Harbour	6-21-08 DeGraff, Ohio	327.5
T 2 (16-17)												
T 3 (18-19)												
M 5 (60-64)	Gary Morrison	8-11-07 Grand Rapids, Michigan	132.5	Gary Morrison	8-11-07 Grand Rapids, Michigan	85.0	Gary Morrison	8-11-07 Grand Rapids, Michigan	147.5	Gary Morrison	8-11-07 Grand Rapids, Michigan	365.0

Men's 67.5 Kilo Weight Class NATIONAL POWERLIFTING Records, EQUIPPED Division:

Division	SQUAT		Record In Kilos	BENCH PRESS		Record In Kilos	DEADLIFT		Record In Kilos	TOTAL		Record In Kilos
	Name	Meet Date		Name	Meet Date		Name	Meet Date		Name	Meet Date	
Open	David W. Wilson	6-21-08	152.5	David W. Wilson	6-21-08	125.0	David W. Wilson	6-21-08	205.0	David W. Wilson	6-21-08	482.5
	Dearborn, Michigan			Dearborn, Michigan			Dearborn, Michigan			Dearborn, Michigan		
T 1 (14-15)												
T 2 (16-17)	Ryan Stewart	6-21-08	120.0	Ryan Stewart	6-21-08	72.5	Cody L. Weeks	6-21-08	177.5	Cody L. Weeks	6-21-08	350.0
	Quincy, Ohio			Quincy, Ohio			DeGraff, Ohio			DeGraff, Ohio		
T 3 (18-19)												
M 3 (50-54)	David W. Wilson	6-21-08	152.5	David W. Wilson	6-21-08	125.0	David W. Wilson	6-21-08	205.0	David W. Wilson	6-21-08	482.5
	Dearborn, Michigan			Dearborn, Michigan			Dearborn, Michigan			Dearborn, Michigan		
M 5 (60-64)	Theodore J. Feight	8-11-07	147.5	Theodore J. Feight	8-11-07	95.0	Theodore J. Feight	8-11-07	155.0	Theodore J. Feight	8-11-07	397.5
	Lansing, Michigan			Lansing, Michigan			Lansing, Michigan			Lansing, Michigan		

Men's 75.0 Kilo Weight Class NATIONAL POWERLIFTING Records, EQUIPPED Division:

Division	SQUAT		Record In Kilos	BENCH PRESS		Record In Kilos	DEADLIFT		Record In Kilos	TOTAL		Record In Kilos
	Name	Meet Date		Name	Meet Date		Name	Meet Date		Name	Meet Date	
Open	Christopher Siders	7-8-06	195.0	Johnny Gayton	8-11-07	137.5	Johnny Gayton	8-11-07	205.0	Johnny Gayton	8-11-07	502.5
	Canton, Illinois			Bonaire, Georgia			Bonaire, Georgia			Bonaire, Georgia		
T 1 (14-15)												
T 2 (16-17)												
T 3 (18-19)	Ben Brown	6-21-08	137.5	Ben Brown	6-21-08	82.5	Ben Brown	6-21-08	187.5	Ben Brown	6-21-08	407.5
	DeGraff, Ohio			DeGraff, Ohio			DeGraff, Ohio			DeGraff, Ohio		
M 1 (40-44)	Chris A. Siders	6-21-08	205.0	Chris A. Siders	6-21-08	125.0	Chris A. Siders	6-21-08	207.5	Chris A. Siders	6-21-08	537.55
	Canton, Illinois			Canton, Illinois			Canton, Illinois			Canton, Illinois		
M 2 (45-49)	Steve G. Lumpe	6-21-08	192.5	Steve G. Lumpe	6-21-08	137.5	Steve G. Lumpe	6-21-08	192.5	Steve G. Lumpe	6-21-08	522.5
	Bedford, Indiana			Bedford, Indiana			Bedford, Indiana			Bedford, Indiana		
M 3 (50-54)	Johnny Gayton	8-11-07	160.0	Johnny Gayton	8-11-07	137.5	Johnny Gayton	8-11-07	205.0	Johnny Gayton	8-11-07	502.5
	Bonaire, Georgia			Bonaire, Georgia			Bonaire, Georgia			Bonaire, Georgia		
M 6 (65-69)	Leon E. McCrary	7-8-06	122.5	Leon E. McCrary	7-8-06	52.5	Leon E. McCrary	7-8-06	165.0	Leon E. McCrary	7-8-06	340.0
	Scituate, Massachusetts			Scituate, Massachusetts			Scituate, Massachusetts			Scituate, Massachusetts		

Men's 82.5 Kilo Weight Class NATIONAL POWERLIFTING Records, EQUIPPED Division:

Division	SQUAT		Record In Kilos	BENCH PRESS		Record In Kilos	DEADLIFT		Record In Kilos	TOTAL		Record In Kilos
	Name	Meet Date		Name	Meet Date		Name	Meet Date		Name	Meet Date	
Open	Robert Batko	8-11-07	200.0	Robert Batko	8-11-07	100.0	Robert Batko	8-11-07	232.5	Robert Batko	8-11-07	532.5

M 3 (50-54)	Phil Berrio Waymouth, Massachusetts	7-8-06	167.5	Phil Berrio Waymouth, Massachusetts	7-8-06	117.5	Phil Berrio Waymouth, Massachusetts	7-8-06	212.5	Phil Berrio Waymouth, Massachusetts	7-8-06	497.5
Police/Fire/ Military												

Men's 110.0 Kilo Weight Class NATIONAL POWERLIFTING Records, EQUIPPED Division:

Division	SQUAT		Record In Kilos	BENCH PRESS		Record In Kilos	DEADLIFT		Record In Kilos	TOTAL		Record In Kilos
	Name	Meet Date		Name	Meet Date		Name	Meet Date		Name	Meet Date	
Open	Tim Wilke Plainfield, Illinois	8-11-07	257.5	Ryan L. Pettet Monterey, Indiana	6-21-08	172.5	Tim Wilke Plainfield, Illinois	8-11-07	255.0	Ryan L. Pettet Monterey, Indiana	6-21-08	657.5
T 1 (14-15)	Jared I. Holycross DeGraff, Ohio	6-21-08	160.0	Jared I. Holycross DeGraff, Ohio	6-21-08	120.0	Jared I. Holycross DeGraff, Ohio	6-21-08	185.0	Jared I. Holycross DeGraff, Ohio	6-21-08	465.0
T 2 (16-17)	Brad Moffett DeGraff, Ohio	6-21-08	182.5	Brad Moffett DeGraff, Ohio	6-21-08	92.5	Brad Moffett DeGraff, Ohio	6-21-08	160.0	Brad Moffett DeGraff, Ohio	6-21-08	435.0
M 3 (50-54)	Dave Lawrence Kalamazoo, Michigan	7-8-06	215.0	Dave Lawrence Kalamazoo, Michigan	7-8-06	147.5	Ken Jones Clarksville, Tennessee	6-21-08	185.0	Dave Lawrence Kalamazoo, Michigan	7-8-06	545.0
M 4 (55-59)	Stephen Cohle Byron Center, Michigan	7-8-06	197.5	Stephen Cohle Byron Center, Michigan	7-8-06	157.5	Stephen Cohle Byron Center, Michigan	7-8-06	250.0	Stephen Cohle Byron Center, Michigan	7-8-06	605.0

Men's 125.0 Kilo Weight Class NATIONAL POWERLIFTING Records, EQUIPPED Division:

Division	SQUAT		Record In Kilos	BENCH PRESS		Record In Kilos	DEADLIFT		Record In Kilos	TOTAL		Record In Kilos
	Name	Meet Date		Name	Meet Date		Name	Meet Date		Name	Meet Date	
Open	Paul T. Wrenn Clarksville, Tennessee	6-21-08	215.0	Raymond G. Zimmerman Greenville, MI	8-11-07	190.0	Raymond G. Zimmerman Greenville, MI	8-11-07	220.0	Raymond G. Zimmerman Greenville, MI	8-11-07	605.0
T 1 (14-15)												
T 2 (16-17)	Chad W. Small Maplewood, Ohio	6-21-08	182.5	Chad W. Small Maplewood, Ohio	6-21-08	102.5	Chad W. Small Maplewood, Ohio	6-21-08	202.5	Chad W. Small Maplewood, Ohio	6-21-08	487.5
M 2 (45-49)	Raymond G. Zimmerman Greenville, MI	8-11-07	195.0	Raymond G. Zimmerman Greenville, MI	8-11-07	190.0	Raymond G. Zimmerman Greenville, MI	8-11-07	220.0	Raymond G. Zimmerman Greenville, MI	8-11-07	605.0
M 3 (50-54)	Bradley C. Lovejoy Kingsville, Ohio	6-21-08	185.0	Bradley C. Lovejoy Kingsville, Ohio	6-21-08	130.0	Bradley C. Lovejoy Kingsville, Ohio	6-21-08	220.0	Bradley C. Lovejoy Kingsville, Ohio	6-21-08	535.0
M 4 (55-59)												
M 5 (60-64)	Paul T. Wrenn Clarksville, Tennessee	6-21-08	215.0	Paul T. Wrenn Clarksville, Tennessee	6-21-08	130.0	Paul T. Wrenn Clarksville, Tennessee	6-21-08	220.0	Paul T. Wrenn Clarksville, Tennessee	6-21-08	565.0

