

The AMERICAN DRUG-FREE POWERLIFTING FEDERATION

MEN'S UNEQUIPPED Division **SINGLE EVENT NATIONAL RECORDS** (UPDATED 4-5-08)

MEN'S 52.0 kg. Weight Class UNEQUIPPED NATIONAL SINGLE EVENT RECORDS:

| Category | SQUAT Records | | Record in Kilos | Category | BENCH PRESS Records | | Record in Kilos | Category | DEADLIFT Records | | Record in Kilos |
|-------------|---------------|-----------|-----------------|-------------|---------------------|-----------|-----------------|-------------|------------------|-----------|-----------------|
| | Name & State | Meet Date | | | Name & State | Meet Date | | | Name & State | Meet Date | |
| Open | | | | Open | | | | Open | | | |
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MEN'S 56.0 kg. Weight Class UNEQUIPPED NATIONAL SINGLE EVENT RECORDS:

| Category | SQUAT Records | | Record in Kilos | Category | BENCH PRESS Records | | Record in Kilos | Category | DEADLIFT Records | | Record in Kilos |
|-----------------------|---------------|-----------|-----------------|-----------------------|-----------------------------|-----------|-----------------|-----------------------|---------------------------|-----------|-----------------|
| | Name & State | Meet Date | | | Name & State | Meet Date | | | Name & State | Meet Date | |
| Open | | | | Open | Vin Voeun Zeeland, MI. | 2-25-06 | 110.0 | Open | Vin Voeun Zeeland, MI. | 2-25-06 | 147.5 |
| T 1 (14-15) | | | | T 1 (14-15) | Mason L. Harbour DeGraff | 4-5-08 | 62.5 | T 1 (14-15) | | | |
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MEN'S 60.0 kg. Weight Class UNEQUIPPED NATIONAL SINGLE EVENT RECORDS:

| Category | SQUAT Records | | Record in Kilos | Category | BENCH PRESS Records | | Record in Kilos | Category | DEADLIFT Records | | Record in Kilos |
|-----------------------|---------------|-----------|-----------------|-----------------------|-----------------------------------|-----------|-----------------|-----------------------|-----------------------------------|-----------|-----------------|
| | Name & State | Meet Date | | | Name & State | Meet Date | | | Name & State | Meet Date | |
| Open | | | | Open | Steve R. Smith Oviedo, Florida | 6-23-07 | 77.5 | Open | Steve R. Smith Oviedo, Florida | 6-23-07 | 115.0 |
| | | | | | | | | | | | |
| M 7 (70-74) | | | | M 7 (70-74) | Steve R. Smith Oviedo, Florida | 6-23-07 | 77.5 | M 7 (70-74) | Steve R. Smith Oviedo, Florida | 6-23-07 | 115.0 |

MEN'S 67.5 kg. Weight UNEQUIPPED NATIONAL SINGLE EVENT RECORDS:

| Category | SQUAT Records | | Record in Kilos | Category | BENCH PRESS Records | | Record in Kilos | Category | DEADLIFT Records | | Record in Kilos |
|-----------------------|---|-----------|-----------------|-----------------------|---------------------------------------|-----------|-----------------|-----------------------|-----------------------------------|-----------|-----------------|
| | Name & State | Meet Date | | | Name & State | Meet Date | | | Name & State | Meet Date | |
| Open | Gary Morrison Grand Rapids, Michigan | 4-5-08 | 107.5 | Open | Blake A. Harris Walkerton, Indiana | 4-5-08 | 95.0 | Open | Sean Black Caledonia, Michigan | 6-23-07 | 155.0 |
| T 1 (14-15) | | | | T 1 (14-15) | Blake A. Harris Walkerton, Indiana | 4-5-08 | 95.0 | T 1 (14-15) | | | |
| T 2 | | | | T 2 | Cody L. Weeks De Graff | 4-5-08 | 87.5 | T 2 | Sean Black | 6-23-07 | 155.0 |

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|-----------------------|---|-----------------|-----------------------|---|----------------|-----------------------|---|-----------------|
| (16-17) | | | (16-17) | De Graff | | (16-17) | Caledonia, Michigan | |
| M 5 (60-64) | Gary Morrison Grand Rapids, Michigan | 4-5-08 107.5 | M 5 (60-64) | Gary Morrison Grand Rapids, Michigan | 4-5-08 87.5 | M 5 (60-64) | Gary Morrison Grand Rapids, Michigan | 4-5-08 145.0 |

MEN'S 75.5 kg. Weight Class UNEQUIPPED NATIONAL SINGLE EVENT RECORDS

| Cate- gory | SQUAT Records | | Record in Kilos | Cate- gory | BENCH PRESS Records | | Record in Kilos | Cate- gory | DEADLIFT Records | | Record in Kilos |
|-----------------------|---------------|-----------|--------------------|-----------------------|---|-----------|--------------------|-----------------------|--------------------------------------|-----------|--------------------|
| | Name & State | Meet Date | | | Name & State | Meet Date | | | Name & State | Meet Date | |
| Open | | | | Open | Michael P. Evans Edwardsburg, Michigan | 4-5-08 | 160.0 | Open | James J. Vaughn Whitmore Lake, MI | 6-23-07 | 205.0 |
| T 1 (14-15) | | | | T 1 (14-15) | Colton Whitcomb Hartland, MI | 6-23-07 | 72.5 | T 1 (14-15) | Colton Whitcomb Hartland, MI | 6-23-07 | 150.0 |
| T 2 (16-17) | | | | T 2 (16-17) | Ben Brown DeGraff | 4-5-08 | 80.0 | T 2 (16-17) | John P. Smoker Elkhart, IN. | 2-25-06 | 137.5 |
| M 1 (40-44) | | | | M 1 (40-44) | Michael P. Evans Edwardsburg, Michigan | 4-5-08 | 160.0 | M 1 (40-44) | | | |
| M 2 (45-49) | | | | M 2 (45-49) | | | | M 2 (45-49) | | | |
| M 6 (65-69) | | | | M 6 (65-69) | | | | M 6 (65-69) | | | |

MEN'S 82.5 kg. Weight Class UNEQUIPPED NATIONAL SINGLE EVENT RECORDS

| Cate- gory | SQUAT Records | | Record in Kilos | Cate- gory | BENCH PRESS Records | | Record in Kilos | Cate- gory | DEADLIFT Records | | Record in Kilos |
|--------------------------|-----------------------------------|-----------|--------------------|--------------------------|-------------------------------------|-----------|--------------------|--------------------------|------------------------------------|-----------|--------------------|
| | Name & State | Meet Date | | | Name & State | Meet Date | | | Name & State | Meet Date | |
| Open | | | | Open | John Jachim Pierson, Michigan | 2-25-06 | 142.5 | Open | Ryan Woodward Geneseo, Illinois | 6-23-07 | 215.0 |
| T 2 (16-17) | | | | T 2 (16-17) | | | | T 2 (16-17) | | | |
| T 3 (18-19) | | | | T 3 (18-19) | Jake McBrien DeGraff | 4-5-08 | 110.0 | T 3 (18-19) | | | |
| Junior (20-23) | | | | Junior (20-23) | Jonathan Mokma Wyoming, Michigan | 6-23-07 | 115.0 | Junior (20-23) | | | |
| M 1 (40-44) | | | | M 1 (40-44) | John Jachim Pierson, Michigan | 2-25-06 | 142.5 | M 1 (40-44) | | | |
| M 4 (55-59) | | | | M 4 (55-59) | | | | M 4 (55-59) | Jon P. Smoker Elkhart, Indiana | 2-25-06 | 212.5 |
| M 5 (60-64) | Jon P. Smoker Elkhart, Indiana | 6-23-07 | 62.5 | M 5 (60-64) | Cliff Freese Lima, Ohio | 6-23-07 | 125.0 | M 5 (60-64) | Jon P. Smoker Elkhart, Indiana | 4-5-08 | 202.5 |
| M 6 (65-69) | | | | M 6 (65-69) | | | | M 6 (65-69) | | | |

MEN'S 90.0 kg. Weight Class UNEQUIPPED NATIONAL SINGLE EVENT RECORDS

| Cate- gory | SQUAT Records | | Record in Kilos | Cate- gory | BENCH PRESS Records | | Record in Kilos | Cate- gory | DEADLIFT Records | | Record in Kilos |
|-----------------------|--------------------------------------|-----------|--------------------|-----------------------|--|-----------|--------------------|-----------------------|------------------------------------|-----------|--------------------|
| | Name & State | Meet Date | | | Name & State | Meet Date | | | Name & State | Meet Date | |
| Open | Mike Sobczak Grandville, Michigan | 6-23-07 | 165.0 | Open | Bruce E. Witzeman Churubusco, Indiana | 4-5-08 | 130.0 | Open | Joshua Decker Wyoming, Michigan | 6-23-07 | 295.0 |
| T 1 (14-15) | | | | T 1 (14-15) | | | | T 1 (14-15) | | | |

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| T 2 (16-17) | | | T 2 (16-17) | | | T 2 (16-17) | | | | |
| T 3 (18-19) | | | T 3 (18-19) | Logan R. Whitaker DeGraff, Ohio | 4-5-08 | 92.5 | T 3 (18-19) | | | |
| Junior (20-23) | | | Junior (20-23) | | | | Junior (20-23) | Matthew Marsiglia Grand Rapids, Michigan | 6-23-07 | 232.5 |
| M 1 (40-44) | | | M 1 (40-44) | | | | M 1 (40-44) | | | |
| M 2 (45-49) | | | M 2 (45-49) | Bruce E. Witzeman Churubusco, Indiana | 4-5-08 | 130.0 | M 2 (45-49) | | | |
| M 5 (60-64) | | | M 5 (60-64) | | | | M 5 (60-64) | Rogert Batko Houghton, Michigan | 2-25-06 | 222.5 |
| M 10 (85-89) | | | M 10 (85-89) | Charles W. Lee Lima, Ohio | 6-23-07 | 92.5 | M 10 (85-89) | Charles W. Lee Lima, Ohio | 6-23-07 | 147.5 |

MEN'S 100.0 kg. Weight Class UNEQUIPPED NATIONAL SINGLE EVENT RECORDS

| Cate- gory | SQUAT Records | | | Cate- gory | BENCH PRESS Records | | | Cate- gory | DEADLIFT Records | | |
|--------------------------|--|-----------|--------------------|--------------------------|--|-----------|--------------------|--------------------------|---|-----------|--------------------|
| | Name & State | Meet Date | Record in Kilos | | Name & State | Meet Date | Record in Kilos | | Name & State | Meet Date | Record in Kilos |
| Open | Daniel Behrens Macomb, Illinois | 6-23-07 | 180.0 | Open | Keith Herron Churubusco, Indiana | 4-5-08 | 195.0 | Open | Daniel Behrens Macomb, Illinois | 6-23-07 | 245.0 |
| T 1 (14-15) | | | | T 1 (14-15) | | | | T 1 (14-15) | | | |
| T 2 (16-17) | | | | T 2 (16-17) | Zachary K. Griggs Granger, Indiana | 4-5-08 | 140.0 | T 2 (16-17) | Zachary K. Griggs Granger, Indiana | 4-5-08 | 197.5 |
| T 3 (18-19) | | | | T 3 (18-19) | | | | T 3 (18-19) | | | |
| Junior (20-23) | Daniel Behrens Macomb, Illinois | 6-23-07 | 180.0 | Junior (20-23) | Scott Wilde Sparta, MI | 6-23-07 | 162.5 | Junior (20-23) | Daniel Behrens Macomb, Illinois | 6-23-07 | 245.0 |
| M 1 (40-44) | | | | M 1 (40-44) | Jim Bultemeier Scales Mond, IL | 6-23-07 | 152.5 | M 1 (40-44) | | | |
| M 2 (45-49) | | | | M 2 (45-49) | | | | M 2 (45-49) | | | |
| M 3 (50-54) | | | | M 3 (50-54) | | | | M 3 (50-54) | | | |
| M 4 (55-59) | | | | M 4 (55-59) | Frank Hockeborn Walker, Michigan | 4-5-08 | 157.5 | M 4 (55-59) | Frank Hockeborn Walker, Michigan | 4-5-08 | 215.0 |
| M 5 (60-64) | | | | M 5 (60-64) | Joe Brodski Saginaw, Michigan | 6-23-07 | 137.5 | M 5 (60-64) | Martin Vogt Saginaw, Michigan | 4-5-08 | 147.5 |
| M 6 (65-69) | | | | M 6 (65-69) | Tim Andrews Kalamazoo, Michigan | 6-23-07 | 125.0 | M 6 (65-69) | Kenneth Donnelly Comstock Park, Michigan | 4-5-08 | 160.0 |
| M 7 (70-74) | Timothy Andrews Kalamazoo, Michigan | 4-5-08 | 97,5 | M 7 (70-74) | Timothy Andrews Kalamazoo, Michigan | 4-5-08 | 127,5 | M 7 (70-74) | Timothy Andrews Kalamazoo, Michigan | 4-5-08 | 126,0 |

MEN'S 110.0 kg. Weight Class UNEQUIPPED NATIONAL SINGLE EVENT RECORDS

| Cate- gory | SQUAT Records | | | Cate- gory | BENCH PRESS Records | | | Cate- gory | DEADLIFT Records | | |
|---------------|---------------|-----------|--------------------|---------------|---------------------|-----------|--------------------|---------------|------------------|-----------|--------------------|
| | Name & State | Meet Date | Record in Kilos | | Name & State | Meet Date | Record in Kilos | | Name & State | Meet Date | Record in Kilos |

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|-----------------------|---------------------------------|--------|-------|-----------------------|--|---------|-------|-----------------------|----------------------------------|--------|-------|
| Open | Randy Cairns Gowen, Michigan | 4-5-08 | 190.0 | Open | Edward G. Geiger Columbia City, Indiana | 4-5-08 | 165.0 | Open | Raoul Donati Osceola, Indiana | 4-5-08 | 272.5 |
| T 1 (14-15) | | | | T 1 (14-15) | Jared Holycross DeGraff | 4-5-08 | 112.5 | T 1 (14-15) | | | |
| T 3 (18-19) | | | | T 3 (18-19) | | | | T 3 (18-19) | | | |
| T 2 (16-17) | | | | T 2 (16-17) | Brad I. Moffett DeGraff, Ohio | 4-5-08 | 92.5 | T 2 (16-17) | | | |
| M 1 (40-44) | Randy Cairns Gowen, Michigan | 4-5-08 | 190.0 | M 1 (40-44) | Randy Cairns Gowen, Michigan | 4-5-08 | 142.5 | M 1 (40-44) | Raoul Donati Osceola, Indiana | 4-5-08 | 272.5 |
| M 2 (45-49) | | | | M 2 (45-49) | | | | M 2 (45-49) | | | |
| M 3 (50-54) | | | | M 3 (50-54) | | | | M 3 (50-54) | | | |
| M 4 (55-59) | | | | M 4 (55-59) | Robert Moleski Rockford, Michigan | 6-23-07 | 155.0 | M 4 (55-59) | | | |
| M 5 (60-64) | | | | M 5 (60-64) | Edward G. Geiger Columbia City, Indiana | 4-5-08 | 165.0 | M 5 (60-64) | | | |
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MEN'S 125.0 kg. Weight Class UNEQUIPPED NATIONAL SINGLE EVENT RECORDS

| Cate- gory | SQUAT Records | | | Cate- gory | BENCH PRESS Records | | | Cate- gory | DEADLIFT Records | | |
|-----------------------|-----------------------------------|-----------|--------------------|-----------------------|--|-----------|--------------------|-----------------------|-----------------------------------|-----------|--------------------|
| | Name & State | Meet Date | Record in Kilos | | Name & State | Meet Date | Record in Kilos | | Name & State | Meet Date | Record in Kilos |
| Open | Brad Lovejoy Kingsville, Ohio | 4-5-08 | 205.0 | Open | Bennie Bowers Richland, Michigan | 2-25-06 | 185.0 | Open | Mark Roman Paw Paw, Michigan | 2-25-06 | 260.0 |
| T 1 (14-15) | | | | T 1 (14-15) | | | | T 1 (14-15) | | | |
| T 2 (16-17) | | | | T 2 (16-17) | Chad W. Small II Maplewood, Ohio | 4-5-08 | 110.0 | T 2 (16-17) | Chad W. Small Maplewood, Ohio | 4-5-08 | 205.0 |
| T 3 (18-19) | | | | T 3 (18-19) | | | | T 3 (18-19) | | | |
| M 1 (40-44) | | | | M 1 (40-44) | | | | M 1 (40-44) | Mark Roman Paw Paw, Michigan | 2-25-06 | 260.0 |
| M 2 (45-49) | | | | M 2 (45-49) | | | | M 2 (45-49) | | | |
| M 3 (50-54) | Brad Lovejoy Kingsville, Ohio | 4-5-08 | 205.0 | M 3 (50-54) | Brad Lovejoy Kingsville, Ohio | 4-5-08 | 165.0 | M 3 (50-54) | | | |
| M 4 (55-59) | Gary Krueger Paw Paw, Michigan | 2-25-06 | 137.5 | M 4 (55-59) | Gary Krueger Paw Paw, Michigan | 2-25-06 | 120.0 | M 4 (55-59) | Gary Krueger Paw Paw, Michigan | 2-25-06 | 120.0 |
| M 5 (60-64) | Gary Krueger Paw Paw, Michigan | 4-5-08 | 160.0 | M 5 (60-64) | Edward E. Geiger Columbia City, Indiana | 4-5-08 | 170.0 | M 5 (60-64) | Gary Krueger Paw Paw, Michigan | 4-5-08 | 182.5 |

MEN'S 145.0 kg. Weight Class UNEQUIPPED NATIONAL SINGLE EVENT RECORDS:

