

**The 2007 A.D.F.P.F. OPEN & STATE OF MICHIGAN  
POWERLIFTING & SINGLE EVENT CHAMPIONSHIPS; Lansing, MI; May 5, 2007**

**UNEQUIPPED Division POWERLIFTING** (\* represents ADFPF AMERICAN Records; + MICHIGAN STATE Records)

<b>Weig ht Class</b>	<b>NAME City State</b>	<b>Body Wt.</b>	<b>SQUAT 1st</b>	<b>SQUAT 2nd</b>	<b>SQUAT 3<sup>rd</sup></b>	<b>Bench Press: 1</b>	<b>Bench Press: 2</b>	<b>Bench Press: 3</b>	<b>SUB- TOTAL</b>	<b>DEAD- Lift: 1</b>	<b>DEAD- Lift: 2</b>	<b>DEAD- Lift 3</b>	<b>Total Place</b>	<b>Record Code</b>
	<b>MEN:</b>													
75.0	Colton Whitcomb Hartland, Michigan	73.6	<b>67.5 PASS</b>	<b>77.5 PASS</b>	<b>92.5 PASS</b>	<b>60.0 PASS</b>	<b>70.0 PASS</b>	82.5 FAIL	162.5	<b>127.5 PASS</b>	<b>137.5 PASS</b>	<b>142.5 PASS</b>	<b>305.0 1<sup>st</sup></b>	<b>TEEN 1</b>
82.5	Christopher Polena Holland, Michigan	80.5	<b>152.5 PASS</b>	<b>162.5 PASS</b>	<b>170.0 PASS</b>	<b>130.0 PASS</b>	<b>135.0 PASS</b>	137.5 FAIL	297.5	215.0 FAIL	237.5 FAIL	237.5 FAIL	BOMB	<b>OPEN</b>
90.0	JOE BULERSKI Walker, Michigan	86.1	<b>102.5 PASS</b>	<b>137.5 PASS</b>	152.5 FAIL	<b>100.0 PASS</b>	<b>120.0 PASS</b>	132.5 FAIL	257.5	<b>142.5 PASS</b>	<b>160.0 PASS</b>	<b>182.5 PASS</b>	<b>440.0 1<sup>st</sup></b>	<b>OPEN</b>
100.0	Brandon CRABILL E. Lansing, Michigan	97.8	147.5 FAIL	<b>147.5 PASS</b>	<b>152.5 PASS</b>	<b>117.5 PASS</b>	127.5 FAIL	<b>127.5 + PASS</b>	280.0	190.0 FAIL	<b>190.0 PASS</b>	205.0 FAIL	<b>470.0 + 1<sup>st</sup></b>	<b>TEEN 1</b>
145.0	Wesley HANNA Lansing, Michigan	133.8	<b>205.0 PASS</b>	<b>230.0 PASS</b>	<b>235.0 *+ PASS</b>	<b>125.0 PASS</b>	<b>137.5 PASS</b>	<b>140.0 + PASS</b>	375.0	<b>220.0 PASS</b>	<b>240.0 PASS</b>	<b>250.0 + PASS</b>	<b>625.0 + 1<sup>st</sup></b>	<b>OPEN &amp; M 1</b>

**CONGRATULATIONS** to the following lifters who have **QUALIFIED** to compete in the **2007 W.D.F.P.F. POWERLIFTING WORLD CHAMPIONSHIPS** held in **GRANBEMOUTH SCOTLAND** on **November 17<sup>th</sup>** (UNEQUIPPED Division): **COLTON WHITCOMB** and **WESLEY HANNA**.

**2 AMERICAN RECORDS & 10 MICHIGAN STATE RECORDS** were set in the **UNEQUIPPED** Division of **POWERLIFTING**.

**UNEQUIPPED Division SINGLE EVENT results** (\* represents ADFPF AMERICAN Records; + indicates MICHIGAN STATE Records)

<b>WEIGHT CLASS</b>	<b>NAME CITY STATE</b>	<b>BODY WEIGHT</b>	<b>BENCH PRESS 1st</b>	<b>BENCH PRESS 2nd</b>	<b>BENCH PRESS 3rd</b>	<b>TOTAL PLACE</b>	<b>CATEGORY</b>
<b>Men: 75.0</b>	TIMOTHY J. ALTIERI Whentfield, Michigan	69.2	125.0 FAIL	<b>132.5</b> PASS	<b>137.5</b> * + PASS	<b>137.5</b> * + 1st	<b>OPEN</b>
<b>82.5</b>	SHAUN BAYNES Laingsburg, Michigan	80.7	<b>142.5</b> PASS	147.5 FAIL	147.5 FAIL	<b>142.5</b> 1st	<b>OPEN</b>
<b>82.5</b>	JON G. SMOKER Elkhart, Indiana	76.5	117.5 FAIL	<b>117.5</b> * PASS	-----	<b>117.5</b> * 1st	<b>MASTERS'</b> <b>5 (60-64)</b>
<b>82.5</b>	JAMES KISZWLIK Manistee, Michigan	81.7	<b>65.0</b> PASS	<b>75.0</b> PASS	85.0 FAIL	<b>75.0</b> 1st	<b>MASTERS'</b> <b>6 (65-69)</b>
<b>100.0</b>	SCOTT WILDE Sparta, Michigan	96.5	<b>150.0</b> PASS	<b>157.5</b> * + PASS	167.5 FAIL	<b>157.5</b> * + 1st	<b>JUNIOR &amp; OPEN</b>
<b>100.0</b>	Christopher DeLANG Lansing, Michigan	94.4	<b>147.5</b> PASS	<b>152.5</b> PASS	157.5 FAIL	<b>152.5</b> 1st	<b>OPEN</b>
<b>100.0</b>	JOHN JACHIM Pierson, Michigan	94.3	<b>145.0</b> PASS	155.0 FAIL	155.0 FAIL	<b>145.0</b> 1st	<b>MASTERS'</b> <b>1 (40-44)</b>
<b>100.0</b>	JOSEPH E. BRODSKI Saginaw, Michigan	99.3	<b>130.0</b> PASS	<b>137.5</b> * + PASS	142.5 FAIL	<b>137.5</b> * + 1st	<b>MASTERS'</b> <b>5 (60-64)</b>
<b>100.0</b>	ROSS ARNOLD Howell, Michigan	99.1	<b>120.0</b> PASS	<b>130.0</b> PASS	135.0 FAIL	<b>130.0</b> 1st	<b>MASTERS'</b> <b>4 (55-59)</b>
<b>100.0</b>	TIMOTHY ANDREWS Kalamazoo, Michigan	98.0	<b>102.5</b> PASS	<b>110.0</b> PASS	<b>115.0</b> PASS	<b>115.0</b> 1st	<b>MASTERS'</b> <b>6 (65-69)</b>
<b>110.0</b>	ROBERT MOLESKI Brockford, Michigan	104.4	<b>145.0</b> PASS	<b>150.0</b> PASS	155.0 FAIL	<b>150.0</b> 1st	<b>MASTERS'</b> <b>4 (55-59)</b>
<b>125.0</b>	ERIC JONES Lansing, Michigan	115.4	<b>142.5</b> PASS	<b>150.0</b> PASS	<b>172.5</b> * + PASS	<b>172.5</b> * + 1st	<b>MASTERS 2</b> <b>Police/Fire/Military</b>
<b>125.0</b>	JADON PHILLIPS	116.3	<b>155.0</b>	<b>160.0</b>	162.5	<b>160.0</b>	<b>OPEN</b>

	Lansing, Michigan		<b>PASS</b>	<b>PASS</b>	FAIL	<b>1<sup>st</sup></b>	
<b>145.0</b>	JOSHUA WHITE Lansing, Michigan	131.0	<b>150.0</b> <b>PASS</b>	<b>165.0 * +</b> <b>PASS</b>	185.0 FAIL	<b>165.0 * +</b> <b>1<sup>st</sup></b>	<b>OPEN</b>
<b>145.0</b>	JERRY MILLIKAN Portage, Michigan	138.5	<b>147.5</b> <b>PASS</b>	<b>155.0 * +</b> <b>PASS</b>	157.5 FAIL	<b>155.0 * +</b> <b>1<sup>st</sup></b>	<b>MASTERS'</b> <b>2 (45-49)</b>

**CONGRATULATIONS** to all **UNEQUIPPED Division**, SINGLE EVENT lifters; you are qualified to enter the **2007 WDFPF SINGLE EVENT WORLD CHAMPIONSHIPS** held in **MONTESILVANO, ITALY** on October 12<sup>th</sup> (SQUAT Events), 13<sup>th</sup> (BENCH PRESS Events) and 14<sup>th</sup> (DEADLIFT Events).

**2 AMERICAN RECDORDS** were set as well as **10 MICHIGAN STATE RECORDS** were set in the **UNEQUIPPED Division of SINGLE EVENT BENCH PRESS**.

**UNEQUIPPED Division SINGLE EVENT results** (\* represents ADFPF AMERICAN Records; + indicates MICHIGAN STATE Records)

<b>WEIGHT CLASS</b>	<b>NAME CITY STATE</b>	<b>BODY WEIGHT</b>	<b>DEADLIFT 1st</b>	<b>DEADLIFT 2<sup>nd</sup></b>	<b>DEADLIFT 3<sup>rd</sup></b>	<b>TOTAL PLACE</b>	<b>CATEGORY</b>
<b>Men: 75.0</b>	JAMES J. VAUGHN Whitmore Lake, Michigan	73.8	<b>182.5</b> <b>PASS</b>	<b>195.0</b> <b>PASS</b>	<b>200.0 +</b> <b>PASS</b>	<b>200.0 +</b> <b>1st</b>	<b>OPEN</b>
<b>125.0</b>	NATHAN BALANOWSKI Lansing, Michigan	114.7	240.0 PASS	<b>252.5</b> <b>PASS</b>	272.5 FAIL	<b>252.5</b> <b>1<sup>st</sup></b>	<b>OPEN</b>

**CONGRATULATIONS** to all **UNEQUIPPED Division**, SINGLE EVENT lifters; you are qualified to enter the **2007 WDFPF SINGLE EVENT WORLD CHAMPIONSHIPS** held in **MONTESILVANO, ITALY** on October 12<sup>th</sup> (SQUAT Events), 13<sup>th</sup> (BENCH PRESS Events) and 14<sup>th</sup> (DEADLIFT Events).

**2 MICHIGAN STATE RECORDS** were set in the **UNEQUIPPED Division of SINGLE EVENT DEADLIFT**.

**EQUIPPED Division POWERLIFTING** (\* represents ADFPF AMERICAN Records; + Category Record plus OPEN)

<b>Weig ht Class</b>	<b>NAME City State</b>	<b>Body Wt.</b>	<b>SQUAT 1st</b>	<b>SQUAT 2nd</b>	<b>SQUAT 3<sup>rd</sup></b>	<b>Bench Press: 1</b>	<b>Bench Press: 2</b>	<b>Bench Press: 3</b>	<b>SUB- Total</b>	<b>DEAD- Lift: 1</b>	<b>DEAD- Lift: 2</b>	<b>DEAD- Lift 3</b>	<b>Total Place</b>	<b>CATE- GORY</b>
67.5	GARY MORRISON Grand Rapids, MI	66.3	<b>125.0 PASS</b>	<b>130.0* PASS +</b>	-----	<b>87.5 PASS</b>	<b>92.5 PASS</b>	<b>95.0* + PASS</b>	225.0	<b>142.5 PASS</b>	<b>147.5 * PASS +</b>	152.5 FAIL	<b>372.5 * 1<sup>st</sup> +</b>	<b>MAST- ERS' 5</b>
82.5	JIM HARRIS Royal Oak, Mich.	77.6	<b>180.0 + * PASS</b>	177.5 FAIL	177.5 FAIL	<b>142.5 PASS</b>	<b>157.5 * + PASS</b>	165.0 FAIL	337.5	<b>185.0 PASS</b>	<b>200.0 * + PASS</b>	215.0 FAIL	<b>537.5* 1<sup>st</sup> +</b>	<b>MAST- ERS' 3</b>
82.5	ROBERT BATKO Houghton, Mich.	81.0	<b>165.0 PASS</b>	<b>182.5 PASS</b>	<b>192.5 * + PASS</b>	<b>90.0 PASS</b>	<b>95.0 PASS</b>	<b>97.5 PASS</b>	290.0	<b>190.0 PASS</b>	<b>217.5 PASS</b>	<b>230.0 * + PASS</b>	<b>520.0 * + 1<sup>st</sup></b>	<b>MAST- ERS' 5</b>
125	MONTEZ LEE Belleville, Mich.	112.5	<b>240.0 PASS</b>	<b>272.5 PASS</b>	325.0 FAIL	<b>190.0 PASS</b>	<b>200.0 + PASS</b>	205.0 FAIL	472.5	<b>227.5 PASS</b>	<b>240.0 PASS</b>	255.0 FAIL	<b>712.5 1<sup>st</sup></b>	<b>OPEN</b>

**CONGRATULATIONS** to the following lifters who have qualified to compete in the **2007 W.D.F.P.F. POWERLIFTING WORLD CHAMPIONSHIPS** held in **GRANGEMOUTH SCOTLAND** on **November 18 (EQUIPPED Division): GARY MORRISON, JIM HARRIS, ROBERT BATKO** and **MONTEZ LEE**.

**15 A.D.F.P.F. AMERICAN RECORDS** and **12 MICHIGAN STATE RECORDS** were set by the **EQUIPPED POWERLIFTERS**.

All **A.D.F.P.F. Members** who **SUCCESSFULLY COMPLETED** either a **POWERLIFTING** or a **SINGLE EVENT** Competition, have **qualified** for the **2007 W.D.F.P.F. SINGLE EVENT WORLD CHAMMPIONSHIPS** held in **MONTESILVANO, ITALY** on **OCTOBER 12<sup>th</sup> (SQUAT Event), 13<sup>th</sup> (BENCH PRESS Events) and 14<sup>th</sup> (DEADLIFT Events)**.

**EQUIPPED Division SINGLE EVENT results** (\* represents ADFPF AMERICAN Records; + represents Michigan State Records)

<b>WEIGHT CLASS</b>	<b>NAME CITY STATE</b>	<b>BODY WEIGHT</b>	<b>SQUAT 1st</b>	<b>SQUAT 2nd</b>	<b>SQUAT 3rd</b>	<b>TOTAL PLACE</b>	<b>CATEGORY</b>
<b>WOMEN:</b> 58.5	JASMINE MENDEZ Grand Rapids, Michigan	57.2	<b>65.0</b> <b>PASS</b>	<b>67.5 * +</b> <b>PASS</b>	70.0 FAIL	<b>67.5 * +</b> <b>1<sup>st</sup></b>	<b>TEEN</b> <b>2 (16-17)</b>
<b>+90.0</b>	SAMANTHA BATY Eaton Rapids, Michigan	106.1	<b>72.5</b> <b>PASS</b>	85.0 FAIL	85.0 FAIL	<b>72.5</b>	<b>TEEN</b> <b>1 (14-15)</b>
<b>Men:</b> 75.0	SCOTT HAZELTON	75.0	<b>177.5</b> <b>PASS</b>	<b>185.0</b> <b>PASS</b>	<b>192.5 * +</b> <b>PASS</b>	<b>192.5 * +</b> <b>1<sup>st</sup></b>	<b>MASTERS' 1</b> <b>&amp; OPEN</b>
90.0	DOUGLAS FINLEY Lansing, Michigan	88.4	<b>102.5</b> <b>PASS</b>	110.0 FAIL	110.0 FAIL	<b>102.5 * +</b> <b>1<sup>st</sup></b>	<b>MASTERS'</b> <b>5 (60-64)</b>
94.3	JOHN JACHIM Pierson, Michigan	94.3	182.5 FAIL	<b>182.5</b> <b>PASS</b>	192.5 FAIL	<b>182.5 +</b> <b>1<sup>st</sup></b>	<b>MASTERS' 1</b> <b>&amp; OPEN</b>
125.0	JEFF BUCHIN	124.8	182.5 * + FAIL	182.5 * + FAIL	-----	-----	<b>MASTERS'</b> <b>4 (55-59)</b>

**CONGRATULATIONS** to all **A.D.F.P.F. Members** who **SUCCESSFULLY COMPLETED** either a **POWERLIFTING** or a **SINGLE EVENT** Competition., You have **qualified** for the **2007 W.D.F.P.F. SINGLE EVENT WORLD CHAMMPIONSHIPS** held in **MONTESILVANO, ITALY** on **OCTOBER 12<sup>th</sup>** (SQUAT Event), **13<sup>th</sup>** (BENCH PRESS Events) and **14<sup>th</sup>** (DEADLIFT Events).

**5 A.D.F.P.F. AMERICAN RECORDS** and **7 MICHIGAN STATE RECORDS** were set by the **EQUIPPED SINGLE EVENT lifters.**