AMERICAN DRUG-FREE POWERLIFTING FEDERATION

ADFPF Records

MEN'S EQUIPPED Division INDIANA STATE POWERLIFTING Records (UPDATED**: 6-21-08)**

Men's 52.0 Kilo Weight Class INDIANA STATE POWERLIFTING Records, EQUIPPED Division:

Category:	SQUAT Name & City	Meet Date	Record In Kilos	BENCH PRESS Name & City	Meet Date	Record In Kilos	DEADLIFT Name & City	Meet Date	Record In Kilos	TOTAL Name & City	Meet Date	Record In Kilos
Open												
T 1 (14-15)												
T 2 (16-17)												
T 3 (18-19)												

Men's 56.0 Kilo Weight Class INDIANA STATE POWERLIFTING Records, EQUIPPED Division:

Category:	SQUAT Name & City	Meet Date	Record In Kilos	BENCH PRESS Name & City	Meet Date	Record In Kilos	DEADLIFT Name & City	Meet Date	Record In Kilos	TOTAL Name & City	Meet Date	Record In Kilos
Open												
T 1 (14-15)												
T 2 (16-17)												
T 3 (18-19)												

Men's 60.0 Kilo Weight Class INDIANA STATE POWERLIFTING Records, EQUIPPED Division:

Category:	SQUAT Name & City	Meet Date	Record In Kilos	BENCH PRESS Name & City	Meet Date	Record In Kilos	DEADLIFT Name & City	Meet Date	Record In Kilos	TOTAL Name & City	Meet Date	Record In Kilos
Open												
T 1 (14-15)												
T 2 (16-17)												
T 3 (18-19)												

Men's 67.5 Kilo Weight Class INDIANA STATE POWERLIFTING Records, EQUIPPED Division:

Category:	SQUAT Name & City	Meet Date	Record In Kilos	BENCH PRESS Name & City	Meet Date	Record In Kilos	DEADLIFT Name & City	Meet Date	Record In Kilos	TOTAL Name & City	Meet Date	Record In Kilos
Open	Randy Burris Granger, Indiana	11-20-06	195.0	Randy Burris Granger, Indiana	11-20-06	115.0	Randy Burris Granger, Indiana	11-20-06	195.0	Randy Burris Granger, Indiana	11-20-06	505.0
T l (l4-l5)												
T 2 (l6-l7)												
T 3 (l8-l9)												
M 1 (40-44)	Randy Burris Granger, Indiana	11-20-06	195.0	Randy Burris Granger, Indiana	11-20-06	115.0	Randy Burris Granger, Indiana	11-20-06	195.0	Randy Burris Granger, Indiana	11-20-06	505.0

Men's 75.0 Kilo Weight Class INDIANA STATE POWERLIFTING Records, EQUIPPED Division:

Category:	SQUAT Name & City	Meet Date	Record In Kilos	BENCH PRESS Name & City	Meet Date	Record In Kilos	DEADLIFT Name & City	Meet Date	Record In Kilos	TOTAL Name & City	Meet Date	Record In Kilos
Open	Steve G. Lumpe Bedford, Indiana	6-21-08	192.5	Steve G. Lumpe Bedford, Indiana	6-21-08	137.5	Steve G. Lumpe Bedford, Indiana	6-21-08	192.5	Steve G. Lumpe Bedford, Indiana	6-21-08	522.5
T l (l4-l5)												
T 2 (16-17)												
T 3 (l8-l9)												
JUNIOR (20-23)												
M 1 (40-44)												
M 2 (45-49)	Steve G. Lumpe Bedford, Indiana	6-21-08	192.5	Steve G. Lumpe Bedford, Indiana	6-21-08	137.5	Steve G. Lumpe Bedford, Indiana	6-21-08	192.5	Steve G. Lumpe Bedford, Indiana	6-21-08	522.5

Men's 82.5 Kilo Weight Class INDIANA STATE POWERLIFTING Records, EQUIPPED Division:

Category:	SQUAT Name & City	Meet Date	Record In Kilos	BENCH PRESS Name & City	Meet Date	Record In Kilos	DEADLIFT Name & City	Meet Date	Record In Kilos	TOTAL Name & City	Meet Date	Record In Kilos
Open												
T l (l4-l5)												
T 2 (l6-l7)												
T 3												

(l8-l9)								

Men's 90.0 Kilo Weight Class INDIANA STATE POWERLIFTING Records, EQUIPPED Division:

Category:	SQUAT Name & City Meet Date	Record In Kilos	BENCH PRESS Name & City Meet Date	Record In Kilos	DEADLIFT Name & City Meet Date	Record In Kilos	TOTAL Name & City Meet Date	Record In Kilos
Open	Jeffrey Whiteman 11-20-05 Osceola, Indiana	215.0	Jeffrey Whiteman 11-20-06 Osceola, Indiana	160.0	Jeffrey Whiteman 11-20-05 Osceola, Indiana	227.5	Jeffrey Whiteman 11-20-05 Osceola, Indiana	602.5
T l (l4-l5)								
T 2 (l6-l7)								
T 3 (l8-l9)								
Police/Fire/ Military	Jeffrey Whiteman 11-20-05 Osceola, Indiana	215.0	Jeffrey Whiteman 11-20-06 Osceola, Indiana	160.0	Jeffrey Whiteman 11-20-05 Osceola, Indiana	227.5	Jeffrey Whiteman 11-20-05 Osceola, Indiana	602.5

Men's 100.0 Kilo Weight Class INDIANA STATE POWERLIFTING Records, EQUIPPED Division:

Category:	SQUAT Name & City Meet Date	Record In Kilos	BENCH PRESS Name & City Meet Date	Record In Kilos	DEADLIFT Name & City Meet Date	Record In Kilos	TOTAL Name & City Meet Date	Record In Kilos
Open	Brian Berryman 11-20-05 Anderson, Indiana	210.0	Brian Berryman 11-20-05 Anderson, Indiana	122.5	Brian Berryman 11-20-05 Anderson, Indiana	202.5	Brian Berryman 11-20-05 Anderson, Indiana	535.0
T l (l4-l5)								
T 2 (l6-l7)								
T 3 (l8-l9)								

Men's 110.0 Kilo Weight Class INDIANA STATE POWERLIFTING Records, EQUIPPED Division:

Category:	SQUAT Name & City Meet Date	Record In Kilos	BENCH PRESS Name & City Meet Date	Record In Kilos	DEADLIFT Name & City Meet Date	Record In Kilos	TOTAL Name & City Meet Date	Record In Kilos
Open	Ryan Pettet 6-21-08 Monterey, Indiana	242.5	Ryan Pettet 6-21-08 Monterey, Indiana	172.5	Ryan Pettet 6-21-08 Monterey, Indiana	242.5	Ryan Pettet 6-21-08 Monterey, Indiana	657.5
T l (l4-l5)								
T 2 (l6-l7)								

Men's 125.0 Kilo Weight Class INDIANA STATE POWERLIFTING Records, EQUIPPED Division:

Category:	SQUAT Name & City Meet Date	Record In Kilos	BENCH PRESS Name & City Meet Date	Record In Kilos	DEADLIFT Name & City Meet Date	Record In Kilos	TOTAL Name & City Meet Date	Record In Kilos
Open								
T l (l4-l5)								
T 2 (l6-l7)								
M 4 (55-59)								

Men's 145.0 Kilo Weight Class INDIANA STATE POWERLIFTING Records, EQUIPPED Division:

Category:	SQUAT Name & City Meet Date	Record In Kilos	BENCH PRESS Name & City Meet Date	Record In Kilos	DEADLIFT Name & City Meet Date	Record In Kilos	TOTAL Name & City Meet Date	Record In Kilos
Open	Ron Nicodemus 4-26-08 Fort Wayne, Indiana	192.0	Ron Nicodemus 4-26-08 Fort Wayne, Indiana	212.5	Ron Nicodemus 4-26-08 Fort Wayne, Indiana	273.5	Ron Nicodemus 4-26-08 Fort Wayne, Indiana	677.5
T l (l4-l5)								
T 2 (l6-l7)								
T 3 (l8-l9)								
M 1 (40-44)	Ron Nicodemus 4-26-08 Fort Wayne, Indiana	192.0	Ron Nicodemus 4-26-08 Fort Wayne, Indiana	212.5	Ron Nicodemus 4-26-08 Fort Wayne, Indiana	273.5	Ron Nicodemus 4-26-08 Fort Wayne, Indiana	677.5

Men's +145.0 Kilo Weight Class INDIANA STATE POWERLIFTING Records, EQUIPPED Division:

Category:	SQUAT Name & City Meet Date	Record In Kilos	BENCH PRESS Name & City Meet Date	Record In Kilos	DEADLIFT Name & City Meet Date	Record In Kilos	TOTAL Name & City Meet Date	Record In Kilos
Open								
T l (l4-l5)								
T 2 (l6-l7)								
T 3 (l8-l9)								