The AMERICAN DRUG-FREE POWERLIFTING FEDERATION

WOMEN'S **UNEQUIPPED Division** SINGLE EVENT **MASSACHUSETTS STATE** RECORDS

WOMEN'S 44.0 kg. Weight Class **UNEQUIPPED** MASSACHUSETTS STATE SINGLE EVENT RECORDS:

Cate-gory	SQUAT Records Name & City	Meet Date	Record in Kilos	Cate-gory	BENCH PRESS Records Name & City	Meet Date	Record in Kilos	Cate-gory	DEADLIFT Records Name & City	Meet Date	Record in Kilos
Open				**Open**				**Open**			

WOMEN'S 47.5 kg. Weight Class **UNEQUIPPED** MASSACHUSETTS STATE SINGLE EVENT RECORDS:

Cate-gory	SQUAT Records Name & City	Meet Date	Record in Kilos	Cate-gory	BENCH PRESS Records Name & City	Meet Date	Record in Kilos	Cate-gory	DEADLIFT Records Name & City	Meet Date	Record in Kilos
Open				**Open**				**Open**			

WOMEN'S 50.5 kg. Weight Class **UNEQUIPPED** MASSACHUSETTS STATE SINGLE EVENT RECORDS:

Cate-gory	SQUAT Records Name & City	Meet Date	Record in Kilos	Cate-gory	BENCH PRESS Records Name & City	Meet Date	Record in Kilos	Cate-gory	DEADLIFT Records Name & City	Meet Date	Record in Kilos
Open				**Open**				**Open**	Rachel Steele Kingston, Massachusetts	3-4-06	75.0

WOMEN'S 53.0 kg. Weight Class **UNEQUIPPED** MASSACHUSETTS STATE SINGLE EVENT RECORDS:

Cate-gory	SQUAT Records Name & City	Meet Date	Record in Kilos	Cate-gory	BENCH PRESS Records Name & City	Meet Date	Record in Kilos	Cate-gory	DEADLIFT Records Name & City	Meet Date	Record in Kilos
Open				**Open**				**Open**			

WOMEN'S 55.5 kg. Weight Class **UNEQUIPPED** MASSACHUSETTS STATE SINGLE EVENT RECORDS:

Cate-gory	SQUAT Records Name & City	Meet Date	Record in Kilos	Cate-gory	BENCH PRESS Records Name & City	Meet Date	Record in Kilos	Cate-gory	DEADLIFT Records Name & City	Meet Date	Record in Kilos
Open				**Open**				**Open**			

WOMEN'S 58.5 kg. Weight Class **UNEQUIPPED** MASSACHUSETTS STATE SINGLE EVENT RECORDS:

Cate-gory	SQUAT Records Name & City	Meet Date	Record in Kilos	Cate-gory	BENCH PRESS Records Name & City	Meet Date	Record in Kilos	Cate-gory	DEADLIFT Records Name & City	Meet Date	Record in Kilos
Open				**Open**				**Open**			

WOMEN'S 63.0 kg. Weight Class **UNEQUIPPED** MASSACHUSETTS STATE SINGLE EVENT RECORDS:

Cate-gory	SQUAT Records Name & City	Meet Date	Record in Kilos	Cate-gory	BENCH PRESS Records Name & City	Meet Date	Record in Kilos	Cate-gory	DEADLIFT Records Name & City	Meet Date	Record in Kilos
Open				**Open**				**Open**			

WOMEN'S 70.0 kg. Weight Class **UNEQUIPPED** MASSACHUSETTS STATE SINGLE EVENT RECORDS:

Cate-gory	SQUAT Records Name & City	Meet Date	Record in Kilos	Cate-gory	BENCH PRESS Records Name & City	Meet Date	Record in Kilos	Cate-gory	DEADLIFT Records Name & City	Meet Date	Record in Kilos
Open				**Open**				**Open**			

WOMEN'S 80.0 kg. Weight Class **UNEQUIPPED** MASSACHUSETTS STATE SINGLE EVENT RECORDS:

Cate-gory	SQUAT Records Name & City	Meet Date	Record in Kilos	Cate-gory	BENCH PRESS Records Name & City	Meet Date	Record in Kilos	Cate-gory	DEADLIFT Records Name & City	Meet Date	Record in Kilos
Open				**Open**				**Open**			

WOMEN'S 90.0 kg. Weight Class **UNEQUIPPED** MASSACHUSETTS STATE SINGLE EVENT RECORDS:

Cate-gory	SQUAT Records Name & City	Meet Date	Record in Kilos	Cate-gory	BENCH PRESS Records Name & City	Meet Date	Record in Kilos	Cate-gory	DEADLIFT Records Name & City	Meet Date	Record in Kilos
Open				**Open**				**Open**			

WOMEN'S +90.0 kg. Weight Class **UNEQUIPPED** MASSACHUSETTS STATE SINGLE EVENT RECORDS:

Cate-gory	SQUAT Records Name & City	Meet Date	Record in Kilos	Cate-gory	BENCH PRESS Records Name & City	Meet Date	Record in Kilos	Cate-gory	DEADLIFT Records Name & City	Meet Date	Record in Kilos
Open				**Open**				**Open**			