

**American Drug-Free Powerlifting Federation **MENS UNEQUIPPED** Division **MICHIGAN** State  
**SINGLE EVENT** Records**

**UPDATED: 9/13/08**

**Mens 52.0 Kilo Weight Class MICHIGAN STATE SINGLE EVENT Records, Unequipped Division:**

<b>Category</b>	<b>Squat</b> Name & City      Meet date	<b>Record</b> in Kilo's	<b>Bench</b> Name & City      Meet date	<b>Record</b> in Kilo's	<b>Deadlift</b> Name & City      Meet date	<b>Record</b> in Kilo's
<b>Open</b>						
<b>T1 (14-15)</b>						
<b>T2 (16-17)</b>						
<b>T3 (18-19)</b>						
<b>Junior (20-23)</b>						
<b>M1 (40-44)</b>						
<b>M2 (45-49)</b>						
<b>M3 (50-54)</b>						
<b>M4 (55-59)</b>						
<b>M5 (60-64)</b>						

**Mens 56.0 Kilo Weight Class MICHIGAN STATE SINGLE EVENT Records, Unequipped Division:**

<b>Category</b>	<b>Squat</b> Name & City      Meet date	<b>Record</b> in Kilo's	<b>Bench</b> Name & City      Meet date	<b>Record</b> in Kilo's	<b>Deadlift</b> Name & City      Meet date	<b>Record</b> in Kilo's
<b>Open</b>						
<b>T1 (14-15)</b>						
<b>T2 (16-17)</b>						

<b>T3 (18-19)</b>						
<b>Junior (20-23)</b>						
<b>M1 (40-44)</b>						
<b>M2 (45-49)</b>						
<b>M3 (50-54)</b>						
<b>M4 (55-59)</b>						
<b>M5 (60-64)</b>						

**Mens 60.0 Kilo Weight Class MICHIGAN STATE SINGLE EVENT Records, Unequipped Division:**

<b>Category</b>	<b>Squat</b> Name & City      Meet date	<b>Record</b> in Kilo's	<b>Bench</b> Name & City      Meet date	<b>Record</b> in Kilo's	<b>Deadlift</b> Name & City      Meet date	<b>Record</b> in Kilo's
<b>Open</b>			Eric J. Buchannan 8-16-08 Wayland MI	<b>92.5</b>	Eric J. Buchannan 8-16-08 Wayland MI	<b>145.0</b>
<b>T1 (14-15)</b>						
<b>T2 (16-17)</b>			Eric J. Buchannan 8-16-08 Wayland MI	<b>92.5</b>	Eric J. Buchannan 8-16-08 Wayland MI	<b>145.0</b>
<b>T3 (18-19)</b>						
<b>Junior (20-23)</b>						
<b>M1 (40-44)</b>						
<b>M2 (45-49)</b>						
<b>M3 (50-54)</b>						
<b>M4 (55-59)</b>						

<b>M5 (60-64)</b>						
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**Mens 67.5 Kilo Weight Class MICHIGAN STATE SINGLE EVENT Records, Unequipped Division:**

<b>Category</b>	<b>Squat</b> Name & City      Meet date	<b>Record</b> <b>in Kilo's</b>	<b>Bench</b> Name & City      Meet date	<b>Record</b> <b>in Kilo's</b>	<b>Deadlift</b> Name & City      Meet date	<b>Record</b> <b>in Kilo's</b>
<b>Open</b>	Gary Morrison      4-5-08 Grand Rapids, Michigan	<b>107.5</b>	Gary Morrison      4-5-08 Grand Rapids, Michigan	<b>87.5</b>	Sean Black      6-23-07 Caledonia, Michigan	<b>155.0</b>
<b>T1 (14-15)</b>						
<b>T2 (16-17)</b>					Sean Black      6-23-07 Caledonia, Michigan	<b>155.0</b>
<b>T3 (18-19)</b>						
<b>Junior (20-23)</b>						
<b>M1 (40-44)</b>						
<b>M2 (45-49)</b>			Robert Fricke      8-26-06 Bloomingtondale, Michigan	<b>85.0</b>	Robert Fricke      8-26-06 Bloomingtondale, Michigan	<b>125.0</b>
<b>M3 (50-54)</b>						
<b>M4 (55-59)</b>						
<b>M5 (60-64)</b>	Gary Morrison      4-5-08 Grand Rapids, Michigan	<b>107.5</b>	Gary Morrison      4-5-08 Grand Rapids, Michigan	<b>87.5</b>	Gary Morrison      4-5-08 Grand Rapids, Michigan	<b>145.0</b>

**Mens 75.5 Kilo Weight Class MICHIGAN STATE SINGLE EVENT Records, Unequipped Division:**

<b>Category</b>	<b>Squat</b> Name & City      Meet date	<b>Record</b> <b>in Kilo's</b>	<b>Bench</b> Name & City      Meet date	<b>Record</b> <b>in Kilo's</b>	<b>Deadlift</b> Name & City      Meet date	<b>Record</b> <b>in Kilo's</b>
<b>Open</b>			Michael P. Evans      4-5-08 Edwardsburg, Indiana	<b>160.0</b>	James J. Vaughn      6-23-07 Whitmore, Michigan	<b>205.0</b>
<b>T1 (14-15)</b>			Colton Whitcomb      6-23-07 Hartland, Michigan	<b>72.5</b>	Colton Whitcomb      6-23-07 Hartland, Michigan	<b>150.0</b>

<b>T2 (16-17)</b>						
<b>T3 (18-19)</b>			Chase Baiers 1-26-08 Allegan, Michigan	<b>122.5</b>		
<b>Junior (20-23)</b>			Andrew LeClair 9-13-08 Twin Lake, Michigan	<b>107.5</b>		
<b>M1 (40-44)</b>			Michael P. Evans 4-5-08 Edwardsburg, Indiana	<b>160.0</b>		
<b>M2 (45-49)</b>						
<b>M3 (50-54)</b>						
<b>M4 (55-59)</b>						
<b>M5 (60-64)</b>						

**Mens 82.5 Kilo Weight Class MICHIGAN STATE SINGLE EVENT Records, Unequipped Division:**

<b>Category</b>	<b>Squat</b> Name & City      Meet date	<b>Record</b> in Kilo's	<b>Bench</b> Name & City      Meet date	<b>Record</b> in Kilo's	<b>Deadlift</b> Name & City      Meet date	<b>Record</b> in Kilo's
<b>Open</b>			Shawn Baynes 9-30-06 Laingsburg, Michigan	<b>155.0</b>	Dave J. Williamson 8-16-08 Kalamazoo, MI	<b>205.0</b>
<b>T1 (14-15)</b>						
<b>T2 (16-17)</b>						
<b>T3 (18-19)</b>						
<b>Junior (20-23)</b>			Jonathan Mokma 6-23-07 Wyoming, Michigan	<b>115.0</b>	John T. Hawkins 4-26-08 Auburn Hills, Michigan	<b>265.0</b>
<b>M1 (40-44)</b>			Chuck Houser 4-26-08 Twin Lake, Michigan	<b>127.5</b>		
<b>M2 (45-49)</b>					Dave J. Williamson 8-16-08 Kalamazoo, MI	<b>205.0</b>
<b>M3 (50-54)</b>			Dennis Gannage 9-30-06 Livonia, Michigan	<b>112.5</b>		

M4 (55-59)							
M5 (60-64)			Jim Kiszelik Manistee, Michigan	2-25-06	80.0	Robert Batko Houghton, Michigan	4-26-08 202.5
M6 (65-69)			Jim Kiszelik Manistee, Michigan	9-30-06	82.5		

**Mens 90.0 Kilo Weight Class MICHIGAN STATE SINGLE EVENT Records, Unequipped Division:**

Category	Squat Name & City      Meet date	Record in Kilo's	Bench Name & City      Meet date	Record in Kilo's	Deadlift Name & City      Meet date	Record in Kilo's
Open	Mike Sobczak Grandville, Michigan      6-23-07	165.0	Joe Campbell Kalkaska, Michigan      1-26-08	165.0	Joshua Decker Wyoming, Michigan      6-23-07	295.0
T1 (14-15)						
T2 (16-17)						
T3 (18-19)						
Junior (20-23)			Matthew Mansiglia Grand Rapids, Michigan      8-26-06	105.0	Matthew Mansiglia Grand Rapids, Michigan      6-23-07	232.5
M1 (40-44)			Joe Campbell Kalkaska, Michigan      1-26-08	165.0	Joe Bulerski Walker, MI      8-16-08	185.0
M2 (45-49)						
M3 (50-54)			Wayne Nicolen Kalamazoo, Michigan      9-13-08	152.5		
M4 (55-59)						
M5 (60-64)					Douglas P. Finley Lansing, Michigan      8-26-06	160.0
M7 (69-72)						

**Mens 100 Kilo Weight Class MICHIGAN STATE SINGLE EVENT Records, Unequipped Division:**



<b>T2 (16-17)</b>			Moses Marrero, Jr. 4-26-08 Saginaw, Michigan	<b>140.0</b>	Moses Marrero, Jr. 4-26-08 Saginaw, Michigan	<b>227.5</b>			
<b>T3 (18-19)</b>									
<b>Junior (20-23)</b>									
<b>M1 (40-44)</b>	Randy Cairns Gowen, Michigan	4-5-08	<b>190.0</b>	Randy Cairns Gowen, Michigan	4-5-08	<b>142.5</b>	Randy Cairns Gowen, Michigan	4-5-08	<b>205.0</b>
<b>M2 (45-49)</b>									
<b>M3 (50-54)</b>									
<b>M4 (55-59)</b>				Robert A. Moleski Rockford, Michigan	6-23-07	<b>155.0</b>			
<b>M5 (60-64)</b>				Robert A. Moleski Rockford, Michigan	4-5-08	<b>157.5</b>			
<b>M6 (65-69)</b>				Tim Andrews Kalamazoo, Michigan	1-20-07	<b>122.5</b>	Richard Van Eck Grand Junction, MI	8-16-08	<b>85.0</b>

**Mens 125 Kilo Weight Class MICHIGAN STATE SINGLE EVENT Records, Unequipped Division:**

<b>Category</b>	<b>Squat</b> Name & City	<b>Meet date</b>	<b>Record</b> in Kilo's	<b>Bench</b> Name & City	<b>Meet date</b>	<b>Record</b> in Kilo's	<b>Deadlift</b> Name & City	<b>Meet date</b>	<b>Record</b> in Kilo's
<b>Open</b>	Randy Cairns Gowen, Michigan	1-26-08	<b>182.5</b>	Jesse Giarza Holland, Michigan	4-26-08	<b>195.0</b>	Mark Roman Paw Paw, Michigan	2-25-06	<b>260.0</b>
<b>T1 (14-15)</b>									
<b>T2 (16-17)</b>									
<b>T3 (18-19)</b>									
<b>Junior (20-23)</b>									
<b>M1 (40-44)</b>	Randy Cairns Gowen, Michigan	1-26-08	<b>182.5</b>	Jeff Champion Lake Orion, Michigan	3-3-07	<b>190.0</b>	Mark Roman Paw Paw, Michigan	2-25-06	<b>260.0</b>
<b>M2 (45-49)</b>				Bennie Bowers Richland, Michigan	2-25-06	<b>185.0</b>			

<b>M3 (50-54)</b>	Gary Zylstra Grand Rapids, Michigan	4-26-08	<b>100.0</b>				
<b>M4 (55-59)</b>	Gary Krueger Paw Paw, Michigan	2-25-06	<b>137.5</b>	Jeff Buchin Grand Ledge, Michigan	5-6-06	<b>185.0</b>	Gary Krueger Paw Paw, Michigan <b>120.0</b>
<b>M5 (60-64)</b>	Gary Krueger Paw Paw, Michigan	4-5-08	<b>160.0</b>	Gary Krueger Paw Paw, Michigan	6-23-07	<b>120.0</b>	Gary Krueger Paw Paw, Michigan <b>182.5</b>
<b>Police / Fire/ Military</b>				Eric Jones Lansing, Michigan	4-19-08	<b>175.0</b>	

**Mens 145 Kilo Weight Class MICHIGAN STATE SINGLE EVENT Records, Unequipped Division:**

<b>Category</b>	<b>Squat</b> Name & City	<b>Meet date</b>	<b>Record</b> <b>in Kilo's</b>	<b>Bench</b> Name & City	<b>Meet date</b>	<b>Record</b> <b>in Kilo's</b>	<b>Deadlift</b> Name & City	<b>Meet date</b>	<b>Record</b> <b>in Kilo's</b>
<b>Open</b>				Joshua White Lansing, Michigan	5-5-07	<b>165.0</b>			
<b>T1 (14-15)</b>									
<b>T2 (16-17)</b>									
<b>T3 (18-19)</b>									
<b>Junior (20-23)</b>									
<b>M1 (40-44)</b>									
<b>M2 (45-49)</b>				Jerry Millikan Portage, Michigan	5-5-07	<b>155.0</b>			
<b>M3 (50-54)</b>				Jerry Millikan Pontiac, Michigan	9-13-08	<b>165.0</b>			
<b>M4 (55-59)</b>				Jeff Buchin Grand Ledge, Michigan	2-25-06	<b>160.0</b>			
<b>M5 (60-64)</b>									
<b>Police / Fire/ Military</b>				James Harrison Battle Creek, Michigan	2-25-06	<b>150.0</b>			

**Mens +145 Kilo Weight Class MICHIGAN STATE SINGLE EVENT Records, Unequipped Division:**

<b>Category</b>	<b>Squat</b> Name & City      Meet date	<b>Record</b> in Kilo's	<b>Bench</b> Name & City      Meet date	<b>Record</b> in Kilo's	<b>Deadlift</b> Name & City      Meet date	<b>Record</b> in Kilo's
<b>Open</b>			Jerry Millikan      6-23-07 Portage, Michigan	<b>147.5</b>		
<b>T1 (14-15)</b>						
<b>T2 (16-17)</b>						
<b>T3 (18-19)</b>						
<b>Junior (20-23)</b>						
<b>M1 (40-44)</b>						
<b>M2 (45-49)</b>			Jerry Millikan      6-23-07 Portage, Michigan	<b>147.5</b>		
<b>M3 (50-54)</b>						
<b>M4 (55-59)</b>						
<b>M5 (60-64)</b>						