

WORLD CHAMPIONSHIPS QUALIFICATION SCORES for the
UNEQUIPPED SINGLE EVENT SQUAT

WOMEN'S SQUAT - UNEQUIPPED															
CAT	OPEN	T1	T2	T3	JUNIOR	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10
44.0	60.0	40.0	45.0	50.0	55.0	57.5	55.0	52.5	50.0	47.5	42.5	37.5	35.0	32.0	30.0
47.5	65.0	42.5	47.5	52.5	57.5	32.5	35.0	37.5	42.5	47.5	52.5	55.0	57.5	60.0	62.5
50.5	67.5	45.0	50.0	55.0	60.0	65.0	62.5	60.0	57.5	55.0	50.0	45.0	40.0	35.0	32.5
53.0	70.0	47.5	52.5	57.5	62.5	67.5	65.0	62.5	60.0	57.5	52.5	47.5	42.5	37.5	35.0
55.5	72.5	47.5	52.5	57.5	65.0	70.0	67.5	65.0	62.5	60.0	55.0	50.0	45.0	40.0	35.0
58.5	77.5	52.5	57.5	62.5	70.0	72.5	70.0	67.5	65.0	62.5	57.5	52.5	47.5	42.5	37.5
63.0	82.5	55.0	60.0	67.5	75.0	77.5	72.5	70.0	67.5	65.0	57.5	52.5	47.5	42.5	37.5
70.0	90.0	57.5	65.0	72.5	80.0	85.0	80.0	75.0	72.5	70.0	62.5	57.5	52.5	47.5	42.5
80.0	100.0	65.0	72.5	80.0	90.0	95.0	90.0	85.0	80.0	75.0	67.5	60.0	55.0	50.0	45.0
90.0	107.5	72.5	80.0	87.5	97.5	102.5	97.5	92.5	87.5	82.5	75.0	67.5	60.0	55.0	50.0
+90	117.5	77.5	85.0	95.0	105.0	112.5	107.5	102.5	97.5	92.5	82.5	75.0	67.5	60.0	55.0

WORLD CHAMPIONSHIPS QUALIFICATION SCORES for the
EQUIPPED SINGLE EVENT SQUAT

WOMEN'S SQUAT - EQUIPPED															
CAT	OPEN	T1	T2	T3	JUNIOR	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10
44.0	67.5	45.0	50.0	55.0	60.0	65.0	62.5	60.0	57.5	55.0	50.0	45.0	40.0	35.0	32.5
47.5	72.5	47.5	52.5	57.5	65.0	70.0	67.5	65.0	62.5	60.0	55.0	50.0	45.0	40.0	35.0
50.5	77.5	52.5	57.5	62.5	70.0	72.5	70.0	67.5	65.0	62.5	57.5	52.5	47.5	42.5	37.5
53.0	80.0	52.5	57.5	65.0	72.5	75.0	72.5	70.0	67.5	65.0	57.5	52.5	47.5	42.5	37.5
55.5	85.0	57.5	62.5	70.0	77.5	80.0	75.0	72.5	70.0	67.5	60.0	55.0	50.0	45.0	40.0
58.5	90.0	57.5	65.0	72.5	80.0	85.0	90.0	75.0	72.5	70.0	62.5	57.5	52.5	47.5	42.5
63.0	92.5	60.0	67.5	75.0	82.5	87.5	82.5	77.5	72.5	70.0	62.5	57.5	52.5	47.5	42.5
70.0	102.5	67.5	75.0	82.5	92.5	97.5	92.5	87.5	82.5	77.5	70.0	62.5	57.5	52.5	47.5
80.0	115.0	75.0	82.5	92.5	102.5	110.0	105.0	100.0	95.0	90.0	80.0	72.5	65.0	57.5	52.5
90.0	122.5	80.0	90.0	100.0	110.0	117.5	112.5	107.5	102.5	97.5	87.5	80.0	72.5	65.0	57.5
+90	132.5	125.0	87.5	97.5	107.5	125.0	120.0	115.0	110.0	105.0	95.0	85.0	77.5	70.0	62.5

WORLD CHAMPIONSHIPS QUALIFICATION SCORES for the
UNEQUIPPED SINGLE EVENT BENCH PRESS

WOMEN'S BENCH PRESS – UNEQUIPPED															
CAT	OPEN	T1	T2	T3	JUNIOR	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10
44.0	32.5	25.0	25.0	27.5	30.0	30.0	27.5	25.0	25.0	25.0	25.0	25.0	25.0	25.0	25.0
47.5	35.0	25.0	27.5	30.0	32.5	32.5	30.0	27.5	25.0	25.0	25.0	25.0	25.0	25.0	25.0
50.5	37.5	27.5	30.0	32.5	35.0	35.0	32.5	30.0	27.5	25.0	25.0	25.0	25.0	25.0	25.0
53.0	40.0	27.5	30.0	32.5	35.0	37.5	35.0	32.5	30.0	27.5	25.0	25.0	25.0	25.0	25.0
55.5	42.5	30.0	32.5	35.0	37.5	40.0	37.5	35.0	32.5	30.0	27.5	25.0	25.0	25.0	25.0
58.5	45.0	30.0	32.5	35.0	40.0	42.5	40.0	37.5	35.0	32.5	30.0	27.5	25.0	25.0	25.0
63.0	47.5	32.5	35.0	37.5	42.5	45.0	42.5	40.0	37.5	35.0	32.5	30.0	27.5	25.0	25.0
70.0	50.0	32.5	35.0	40.0	45.0	47.5	45.0	42.5	40.0	37.5	35.0	32.5	30.0	27.5	25.0
80.0	57.5	37.5	42.5	47.5	52.5	55.0	52.5	50.0	47.5	45.0	40.0	35.0	32.5	30.0	27.5
90.0	60.0	40.0	45.0	50.0	55.0	57.5	55.0	52.5	50.0	47.5	42.5	37.5	35.0	32.5	30.0
+90	67.5	45.0	50.0	55.0	60.0	65.0	62.5	60.0	57.5	55.0	50.0	45.0	40.0	35.0	32.5

WORLD CHAMPIONSHIPS QUALIFICATION SCORES for the
EQUIPPED SINGLE EVENT BENCH PRESS

WOMEN'S BENCH PRESS – EQUIPPED															
CAT	OPEN	T1	T2	T3	JUNIOR	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10
44.0	40.0	27.5	30.0	32.5	35.0	37.5	35.0	32.5	30.0	27.5	25.0	25.0	25.0	25.0	25.0
47.5	42.5	30.0	32.5	35.0	37.5	40.0	37.5	35.0	32.5	30.0	27.5	25.0	25.0	25.0	25.0
50.5	45.0	30.0	32.5	35.0	40.0	42.5	40.0	37.5	35.0	32.5	30.0	27.5	25.0	25.0	25.0
53.0	47.5	32.5	35.0	37.5	42.5	45.0	42.5	40.0	37.5	35.0	32.5	30.0	27.5	25.0	25.0
55.5	50.0	32.5	35.0	40.0	45.0	47.5	45.0	42.5	40.0	37.5	35.0	32.5	30.0	27.5	25.0
58.5	52.5	35.0	37.5	42.5	47.5	50.0	47.5	45.0	42.5	40.0	35.0	32.5	30.0	27.5	25.0
63.0	57.5	37.5	42.5	47.5	52.5	55.0	52.5	50.0	47.5	45.0	40.0	35.0	32.5	30.0	27.5
70.0	62.5	42.5	47.5	52.5	57.5	60.0	57.5	55.0	52.5	50.0	45.0	40.0	35.0	32.5	30.0
80.0	70.0	47.5	52.5	57.5	62.5	67.5	65.0	62.5	60.0	57.5	52.5	47.5	42.5	37.5	35.0
90.0	75.0	50.0	55.0	60.0	67.5	72.5	70.0	67.5	65.0	62.5	57.5	52.5	47.5	42.5	37.5
+90	80.0	52.5	57.5	65.0	72.5	75.0	72.5	70.0	67.5	65.0	57.5	52.5	47.5	42.5	37.5

WORLD CHAMPIONSHIPS QUALIFICATION SCORES for the
UNEQUIPPED SINGLE EVENT DEADLIFT

WOMEN'S DEAD LIFT - UNEQUIPPED															
CAT	OPEN	T1	T2	T3	JUNIOR	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10
44.0	72.5	47.5	52.5	57.5	65.0	70.0	67.5	65.0	62.5	60.0	55.0	50.0	45.0	40.0	35.0
47.5	77.5	52.5	57.5	62.5	70.0	72.5	70.0	67.5	65.0	62.5	57.5	52.5	47.5	42.5	37.5
50.5	82.5	55.0	60.0	67.5	75.0	77.5	72.5	70.0	67.5	65.0	57.5	52.5	47.5	42.5	37.5
53.0	85.0	57.5	62.5	70.0	77.5	80.0	75.0	72.5	70.0	67.5	60.0	55.0	50.0	45.0	40.0
55.5	90.0	57.5	65.0	72.5	80.0	85.0	80.0	75.0	72.5	70.0	62.5	57.5	52.5	47.5	42.5
58.5	95.0	62.5	70.0	77.5	85.0	90.0	85.0	80.0	75.0	72.5	65.0	57.5	52.5	47.5	42.5
63.0	100.0	65.0	72.5	80.0	90.0	95.0	90.0	85.0	80.0	75.0	67.5	60.0	55.00	50.0	45.0
70.0	110.0	72.5	80.0	90.0	100.0	105.0	100.0	95.0	90.0	85.0	77.5	70.0	62.5	57.5	52.0
80.0	120.0	80.0	87.5	97.5	107.5	115.0	110.0	105.0	100.0	95.0	85.0	77.5	70.0	62.5	57.5
90.0	132.5	87.5	97.5	107.5	120.0	125.0	120.0	115.0	110.0	105.0	95.0	85.0	77.5	70.0	62.5
+90	140.0	92.5	102.5	112.5	125.0	132.5	125.0	120.0	115.0	110.0	100.0	90.0	80.0	72.5	65.0

WORLD CHAMPIONSHIPS QUALIFICATION SCORES for the
EQUIPPED SINGLE EVENT DEADLIFT

WOMEN'S DEAD LIFT – EQUIPPED															
CAT	OPEN	T1	T2	T3	JUNIOR	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10
44.0	80.0	52.5	57.5	65.0	72.5	75.0	72.5	70.0	67.5	65.0	57.5	52.5	47.5	42.5	37.5
47.5	85.0	57.5	62.5	70.0	77.5	80.0	75.0	72.5	70.0	67.5	60.0	55.0	50.0	45.0	40.0
50.5	90.0	57.5	65.0	72.5	80.0	85.0	80.0	75.0	72.5	70.0	62.5	57.5	52.5	47.5	42.5
53.0	92.5	60.0	67.5	75.0	82.5	87.5	82.5	77.5	72.5	70.0	62.5	57.5	52.5	47.5	42.5
55.5	97.5	65.0	72.5	80.0	87.5	92.5	87.5	82.5	77.5	72.5	65.0	57.5	52.5	47.5	42.5
58.5	102.5	67.5	75.0	82.5	92.5	97.5	92.5	87.5	82.5	77.5	70.0	62.5	57.05	52.5	47.5
63.0	110.0	72.5	80.0	90.0	100.0	105.0	100.0	95.0	90.0	85.0	77.5	70.0	62.5	57.5	52.5
70.0	120.0	80.0	87.5	97.5	107.5	115.0	110.0	105.0	100.0	95.0	85.0	77.5	70.0	62.5	57.5
80.0	130.0	85.0	95.0	105.0	117.5	122.5	117.5	112.5	107.5	102.5	92.5	82.5	75.0	67.5	60.0
90.0	142.5	92.5	102.5	115.0	127.5	135.0	127.5	120.0	115.0	110.0	100.0	90.0	80.0	72.5	65.0
+90	150.0	100.0	110.0	122.5	135.0	142.5	135.0	127.5	120.0	115.0	102.5	92.5	82.5	75.0	67.5